

**D**ELHI  
**P**UBLIC  
**S**CHOOL  
**D**HALIGAON



**SYLLABUS BREAK UP**  
**CLASS: XII (HUMANITIES)**  
**SESSION: 2025-26**

NAME:- \_\_\_\_\_

SECTION:- \_\_\_\_\_ ROLL NO:- \_\_\_\_\_

| <b>MONTH</b>     | <b>NO. OF WORKING DAYS</b> |
|------------------|----------------------------|
| <b>APRIL</b>     | <b>22</b>                  |
| <b>MAY</b>       | <b>25</b>                  |
| <b>JUNE</b>      | <b>16</b>                  |
| <b>JULY</b>      | <b>10</b>                  |
| <b>AUGUST</b>    | <b>23</b>                  |
| <b>SEPTEMBER</b> | <b>23</b>                  |
| <b>OCTOBER</b>   | <b>17</b>                  |
| <b>NOVEMBER</b>  | <b>23</b>                  |
| <b>DECEMBER</b>  | <b>21</b>                  |
| <b>JANUARY</b>   | <b>19</b>                  |
| <b>FEBRUARY</b>  | <b>22</b>                  |
| <b>MARCH</b>     | <b>23</b>                  |

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**SUBJECT:- ENGLISH**

| <b>Sl. No.</b> | <b>Month</b> | <b>Chapter /Unit No.</b>            | <b>Topics and sub topics</b>   |
|----------------|--------------|-------------------------------------|--|
| <b>1</b>       | <b>April</b> | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ My mother at Sixty Six</li> <li>➤ The Last Lesson</li> <li>➤ The Lost Spring</li> <li>➤ Notice Drafting</li> <li>➤ Reading Comprehension</li> <li>➤ COMM. SKILL-GROUP DISCUSSION</li> </ul> |
| <b>2</b>       | <b>May</b>   | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ The Third Level</li> <li>➤ Deep Water</li> <li>➤ Keeping Quiet</li> <li>➤ The Tiger King</li> <li>➤ Letter to the Editor</li> <li>➤ COMM. SKILL-DEBATE</li> </ul>                           |
| <b>3</b>       | <b>June</b>  | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ The Rattrap</li> <li>➤ The Journey to the end of the Earth</li> <li>➤ Article Writing</li> <li>➤ COMM.SKILLS-NEWS READING</li> </ul>  |
| <b>4</b>       | <b>July</b>  | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ The Thing of Beauty</li> <li>➤ The Interview</li> <li>➤ Formal Invitation &amp; Replies</li> <li>➤ COMM SKILLS-INTERVIEW</li> </ul>   |
| <b>5</b>       | <b>Aug</b>   | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ Poets and Pancakes</li> <li>➤ The Enemy</li> <li>➤ The Roadside Stand</li> <li>➤ Report Writing</li> <li>➤ COMM SKILLS-SPEECH</li> </ul>  |
| <b>6</b>       | <b>Sept</b>  | Literature, Language                | FIRST TERM EXAM<br><ul style="list-style-type: none"> <li>➤ Indigo</li> <li>➤ Informal Invitation &amp; Replies</li> </ul>   |
| <b>7</b>       | <b>Oct</b>   | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ Aunt Jennifer's Tiger</li> <li>➤ On the face of it</li> <li>➤ Job application</li> <li>➤ COMM SKILLS -CONTENT PRESENTATION</li> </ul>   |
| <b>8</b>       | <b>Nov</b>   | Literature, Language & Comm. Skills | <ul style="list-style-type: none"> <li>➤ Memories of Childhood</li> <li>➤ Going Places</li> <li>➤ Reading Comprehension</li> <li>➤ COMM. SKILLS-EXTEMPORE</li> <li>➤ 1<sup>st</sup>Preboard</li> </ul>                               |
| <b>9</b>       | <b>Dec</b>   |                                     | Preboard   |

**NOTE :Smart Class reference will be used for HOTS & Writing Formats.**

## SUB- ECONOMICS

| Sl No. | Month | Unit/Chapter     | Topic/Sub-topic   |
|--------|-------|------------------|---|
| 1      | April | Unit-1<br>Unit-6 | <b>National Income and Related Aggregates:</b> Basic concepts in macroeconomics, Circular flow of income (two sector model),<br><b>Development Experience (1947-90):</b> Indian economy on the eve of independence, Indian economic system and common goals of Five Year Plans.   |
| 2      | May   | Unit-1<br>Unit-6 | <b>Methods of calculating National Income,</b> Aggregates related to National Income, GDP Deflator, GDP and Welfare.<br>Problems and policies of <b>agriculture</b> , industries and Foreign Trade.<br><b>Economic Reforms since 1991:</b> LPG policy, Concepts of demonetization and GST.  |
| 3      | June  | Unit-2<br>Unit-7 | <b>Money and Banking:</b> meaning and functions of money, Money Supply, Money Creation by the Commercial banking system.<br>Current challenges facing Indian Economy: Human Capital Formation.  |
| 4      | July  | Unit-2<br>Unit-7 | <b>Banking:</b> Central bank and its functions, Control of Credit through various instruments.<br><b>Rural development:</b> credit and marketing, role of cooperatives, diversification and organic farming.  |
| 5      | Aug   | Unit-3<br>Unit-7 | <b>Determination of Income and Employment-</b> AD, Propensity to consume and propensity to save, Short-run equilibrium output, Investment Multiplier (mechanism), full employment and involuntary unemployment.<br><b>Problems of excess demand and deficient demand;</b> measures to correct them - changes in government spending, taxes and money supply.<br><b>Employment:</b> work force participation rate in formal and informal sectors; problems and policies. |
| 6      | Sept  | Unit-4           | <b>Project Work-</b> introduction and initiation.<br><b>Government budget</b> - meaning, objectives and components. Classification of receipts and expenditure. Balanced, Surplus and Deficit Budget.<br><b>Half Yearly Examination</b>   |

| SI No. | Month | Unit/Chapter | Topic/Sub-topic  |
|--------|-------|--------------|--|
| 7      | Oct   | Unit-4,5 & 7 | <b>Sustainable Economic Development:</b> Meaning, Effects of Economic Development on Resources and Environment, including global warming.<br><b>Balance of Payments:</b> meaning and components, Surplus and Deficit.<br><b>Foreign exchange rate:</b> fixed and flexible rates and managed floating. Determination of exchange rate in a free market, Managed Floating exchange rate system.<br><b>Project work</b> Completion. |
| 8      | Nov   | Unit-8       | <b>Development Experience of India:</b> A comparison with neighbours: India, Pakistan and China. Issues: economic growth, population, sectoral development and other Human Development Indicators.   |
| 9      | Dec   |              | 1 <sup>st</sup> Preboard   |

## SUBJECT:-HISTORY

| SI No. | Month | Unit/Chapter   | Topic/Sub-topic   |
|--------|-------|----------------|---|
| 1.     | April | CH-10<br>CH-11 | <b>Book three</b><br>Colonialism & the Countryside<br>Rebels & the Raj  |
| 2.     | May   | CH-13<br>CH-15 | Mahatma Gandhi and the Nationalist Movement<br>Framing the Constitution |
| 3.     | June  | CH-5           | <b>Book Two</b><br>Through the Eyes of Travellers                       |
| 4.     | July  | CH-6           | Bhakti-Sufi Traditions  |
| 5.     | Aug   | CH-7<br>CH-8   | An Imperial Capital Vijayanagara<br>Peasants, Zamindars and the State   |
| 6.     | Sept  | CH-1           | Half Yearly Exam<br><b>Book One</b><br>Bricks ,Breads & Bones           |
| 7.     | Oct   | CH-2<br>CH-3   | Kings Farmers & Towns<br>Kinship, Caste & Class                         |
| 8.     | Nov   | CH-4           | Thinkers , Beliefs & Buildings<br>Revision <b>PRE-BOARD-1</b>           |
| 9.     | Dec   |                | <b>PRE-BOARD</b>  |

## SUBJECT-GEOGRAPHY

| Sl. No | Month | Chapter /Unit No. | Topics and sub topics   |
|--------|-------|-------------------|---|
| 1      | April | 1<br>1<br>4       | Population: Distribution,Density,Growth and Composition<br># Map work to show India map of growth of population<br>Human geography: Nature and scope<br>Human Settlements. Types, Urbanization, Classification of Towns.<br>Practical 1:-Data –Its source and compilation         |
| 2      | May   | 2<br>4<br>5<br>6  | The world population distribution, density and growth<br>Human development . Growth &Development , Four pillars of human development.<br>Land Resources and Agriculture. Landusecategories,changes in India.<br>Water Resources .Surface, groundwater, Conservation & management. |
| 3      | June  | 5<br>7            | Primary Activities . Pastoralism,Types of agriculture , Factors affecting mining.<br>Minerals & Energy Resources .Distribution,Types,conventional and non conventional energy.  |
| 4      | July  | 6                 | Secondary Activities .Manufacturing :Classification of industries.<br>Practical 2:-Data processing  |
| 5      | Aug   | 7<br>9<br>10      | Tertiary and Quaternary activities.<br>Planning and sustainable development in Indian Context.<br>Transport and communication . Land transport, National highways ,state highways.  |
| 6      | Sept  | 11                | <b>Revision for First Term</b><br><b>First Term Examination</b><br>International Trade<br>Practical 3:-Graphical representation of data   |
| 7      | Oct   | 8<br>12           | Transport and communication .<br>Geographical perspective on selected issues and problems.  |
| 8      | Nov   | 9                 | International Trade<br>Practical 4:-Spatial information Technology<br><b>PRE BOARD I</b>  |
| 9      | Dec   |                   | <b>PRE BOARD</b>  |

**SUBJECT:-INFORMATICS PRACTICES**

| Sl. No | Month        | Chapter /Unit No.                                      | Topics and sub topics  |
|--------|--------------|--|--|
| 1      | <b>April</b> | Unit 1 Data Handling using Pandas -I                   | Introduction to Python Libraries<br>Data Structure in Pandas -I<br>Series: Creation of Series from – ndarray, dictionary, scalar value; mathematical, operations; Head and Tail functions; Selection, Indexing and Slicing.  |
| 2      | <b>May</b>   | Unit 1 Data Handling using Pandas -I                   | Data Frames: creation - from dictionary of Series, list of dictionaries,Text/CSV,files;<br>display; iteration; Operations on rows and columns: add, select, delete, rename;Head and Tail functions; Indexing using Labels, Boolean Indexing;   |
| 3      | <b>June</b>  | Unit 1 Data Handling using Pandas & Data Visualization | importing/Exporting Data between CSV files and Data Frames   |
| 4      | <b>July</b>  | Unit 1 Data Visualization                              | Purpose of plotting; drawing and saving following types of plots using Matplotlib line plot , Bar graph and histogram, customizing plot  |
| 5      | <b>Aug</b>   | UNIT-2 Database Query using SQL                        | Math functions: POWER (), ROUND (), MOD ().<br>Text functions: UCASE ()/UPPER (), LCASE ()/LOWER (), MID()/SUBSTRING()/SUBSTR(),LENGTH(), LEFT (), RIGHT (),INSTR(),LTRIM(),RTRIM(),TRIM().<br>Date Functions: NOW(), DATE(), MONTH(), MONTHNAME(),YEAR(),DAY(),DAYNAME().<br>Aggregate Functions: MAX (), MIN (), AVG (), SUM (), COUNT();usingCOUNT(*).<br>Querying and manipulating data using Group by, Having, Order by |
| 6      | <b>Sept</b>  |  | REVISION FOR 1 <sup>ST</sup> TERM  |
| 7      | <b>Oct</b>   | UNIT-3 Introduction to Computer Networks               | <b>Introduction to networks, Types of network:</b> LAN, MAN, WAN. Network Devices: modem, hub, switch, repeater, router, gateway Network Topologies: Star, Bus, Tree, Mesh. 7 Introduction to Internet, URL,   |
| 8      | <b>Nov</b>   | UNIT-3 &UNIT-4 Introduction to Computer Networks       | <b>Introduction to networks, Types of network</b><br>WWW, and its applications- Web,email,Chat,VolP.Website: Introduction, difference between a website and webpage, static vs dynamic web page, web server and hosting of a website.  |



| Sl. No | Month | Chapter /Unit No. | Topics and sub topics   |
|--------|-------|-------------------|---|
|        |       | Societal Impacts  | <p>Web Browsers: Introduction, commonly used browsers, browser settings, add-ons etc.</p> <p>Digital footprint, net and communication etiquettes, data protection,intellectual.property,rights (IPR), plagiarism, licensing and copyright, free and open source software (FOSS),cybercrime and cyber laws, hacking, phishing, cyber bullying,overview of Indian ITAct.</p> <p>Awareness about health concerns related to the usage of technology.</p> <p><b>PRE BOARD I</b></p> |
| 9      | Dec   |                   | <b>PRE BOARD</b>  |

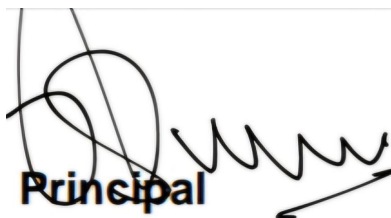
#### SUBJECT:-PHYSICAL EDUCATION

| Sl. No. | Month | Chapter /Unit No. | Topics and sub topics   |
|---------|-------|-------------------|---|
| 1       | April | 1,2               | <p><b><u>MANAGEMENT OF SPORTING EVENTS: (Unit-1)</u></b></p> <ul style="list-style-type: none"> <li>• Function of Sports events Management (Planning, Organising, staffing, Directing &amp; Controlling)</li> <li>• Various Committees and its responsibilities (pre, during and post)</li> <li>• Fixture and its Procedures—Knock out,(Bye &amp; Seeding) &amp; League (Staircase, Cyclic &amp; Tabular Method) Combination Tournament.</li> <li>• Intramural and Extramural Tournaments-Meaning, Objectives and its significance. Specific sports programme- ( Sports Day, Run for Fun, Health Run, Run For specific causes &amp; Run for unity.)</li> </ul> <p><b><u>CHILDREN &amp; WOMEN IN SPORTS: (UNIT-2)</u></b></p> <ul style="list-style-type: none"> <li>• Exercise guide lines Of WHO for different age groups.</li> <li>• Common Postural deformities- Knock Knee, Bow legs, Flat foot, Round Shoulders, Lordosis, Kyphosis, Scoliosis and their corrective measures.</li> </ul> |

|   |     |     |  |
|---|-----|-----|--|
|   |     |     | <ul style="list-style-type: none"> <li>• Special consideration (Menarche &amp; Menstrual Dysfunction)</li> <li>• Women participation in sports- Physical, Psychological and social benefits.</li> <li>• Female athlete triad (Osteoporosis, Amenorrhea, Eating disorder)</li> </ul>  |
| 2 | May | 3,4 | <b><u>Yoga as preventive measure for Lifestyle Disease:</u></b><br>Obesity: Procedure Benefits & Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsyasana, Halasana, Pachimuttansana, Ardha-Matsyendrasana, Dhanurasana, Ushtrasana, Suryabedha Pranayama.<br><ul style="list-style-type: none"> <li>• Diabetes: Procedure Benefits &amp; Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Supta-Vajrasana, Pachimuttansana, Ardha-Matsyendrasana, Dhanurasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalbhati.</li> <li>• Asthma: Procedure Benefits &amp; Contraindications for Tadasana, Urdhwahastottanasana, Uttan Mandukasana, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapalbhati, Gomukhasana, Matsyasana, Anulom-Vilom.</li> </ul> <b><u>Hypertension:</u></b> Procedure Benefits & Contraindications for Tadasana, Uttanpadasana, Katichakrasana, Ardha Halasana, Sarala Matsyasana, Gomukasana, Uttanmandukasana, Vakrasana, Bhujangasana, Makrasana, Shavasana, Nadi-shodhan pranayam, Sitli pranayam Back pain and Arthritis- Procedure, benefits & contraindication. <b><u>Physical Education &amp; Sports for CWSN (Children with Special Needs-</u></b> |
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|   |      |     |  |
|---|------|-----|--|
|   |      |     | <u>Divyang) : (Unit-4)</u>   |
| 3 | June | 5   | <ul style="list-style-type: none"> <li>• Organisations Promoting Disability Sports( Special Olympics, Paralympics, deaflympics)</li> <li>• Classification &amp; division in sports. Concept of Inclusion in sports, its need and Implementation.</li> <li>• Advantages of Physical Activities for children with special needs.</li> <li>• Strategies to make physical Activities</li> <li>• assessable for children with special needs.</li> </ul>   |
| 4 | July | 6   | <u><b>Test &amp; Measurement in Sports.(Unit-6)</b></u><br>Fitness Test- SAI Khelo India Fitness Test in school:<br><ul style="list-style-type: none"> <li>• Age Group- 5-8 years/ class 1-3 : BMI, Flamingo Balance Test, Plate Tapping Test,</li> <li>• Age Group- 9-18 years/ class 4-12 : BMI, 50 mt Speed Test, 600 mt Run/ walk test, Sit &amp; Reach flexibility test, Strength test(Abdomina Partial Curl up, push –ups for Boys and Modified push-ups for Girls).</li> <li>• Measurement of cardio-vascular fitness- Harvard step Test.</li> <li>• Computing Basal Metabolic Rate.</li> </ul> Rikli& Jones- Senior Citizen Fitness Test:<br><ul style="list-style-type: none"> <li>• Chair stand test for lower body strength.</li> <li>• Arm curl test for upper body strength.</li> <li>• Chair sit &amp; reach test for lower body flexibility.</li> <li>• Back scratch test for upper body flexibility.</li> <li>• Eight foot up &amp; Go test for Agility.</li> </ul> Six Minute walk Test for Aerobic Endurance |
| 5 | Aug  | 7,8 | <u><b>Physiology &amp; Injuries in Sports- (Unit-7):</b></u><br><ul style="list-style-type: none"> <li>• Physiological factors determining components</li> </ul>   |
|   |      |     |  |

| Sl. No. | Month | Chapter /Unit No. | Topics and sub topics  |
|---------|-------|-------------------|--|
|         |       |                   | <ul style="list-style-type: none"> <li>• of physical fitness. Effect of exercise on muscular system.</li> <li>• Effect of exercise on Cardio respiratory system</li> <li>• Physiological changes due to aging.</li> <li>• Sports Injuries: Classification(Soft Tissue injuries- Abrasion, Contusion, Laceration,</li> <li>• Incision, Sprain, Strain, Bone &amp; joint injuries- Dislocation, Fractures, Green stick, Comminuted, Transverse Oblique &amp; Impacted)</li> </ul> <p><b>Biomechanics &amp; Sports- (Unit-8):</b></p> <ul style="list-style-type: none"> <li>• Newton's Law of motion &amp; its application in sports. Types of Levers and their application in sports. Equilibrium- Dynamic &amp; Static and Centre of Gravity and its application in sports Friction and sports Projectile in sports</li> </ul> |
| 6       | Sept  | 9                 | <p><b>Psychology and Sports-(Unit-9):</b></p> <ul style="list-style-type: none"> <li>• Personality: Its definition &amp; types (Jung classification &amp; Big five theory)</li> <li>• Motivation, its type and Techniques</li> <li>• Exercise Adherence reasons. Benefits &amp; strategies for enhancing it. Meaning , concept &amp; types of Aggressions in sports.</li> </ul> <p>Psychological Attributes in sports- Self Esteem, Mental Imagery, Self Talk, Goal Setting</p> <p>REVISION 1st TERM</p>   |
| 7       | Oct   | 10                | <p><b>Training in Sports-(Unit-10):</b></p> <ul style="list-style-type: none"> <li>• Concept of Talent Identification and Talent Development in sports.</li> <li>• Introduction to Sports training Cycle- Micro, Meso, Macro Cycle.</li> <li>• Types &amp; Method to Develop- Strength, Endurance and Speed. Types and Develop- Flexibility and Coordinative Ability</li> </ul>  |
| 8       | Nov   |                   | <b>REVISION FIRST PRE-BOARD</b>  |
| 9       | Dec   |                   | <b>PREBOARD</b>  |

**Principal**