- **D**ELHI
- **P**UBLIC
- SCHOOL
- **D**HALIGAON



# SYLLABUS BREAK UP

CLASS: XI (HUMANITIES) SESSION: 2025-26

$\setminus$	NAME:		
	SECTION:	ROLL NO:	

MONTH	NO. OF WORKING DAYS
APRIL	03
MAY	25
JUNE	16
JULY	10
AUGUST	23
SEPTEMBER	23
OCTOBER	17
NOVEMBER	23
DECEMBER	21
JANUARY	19
FEBRUARY	22
MARCH	23

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#### SUBJECT:- ENGLISH

SI. No.	Month	Section	Topics and sub topics
1	APR	Literature	A Photograph
2	MAY	Literature, Language & Comm. Skills	The Portrait of a Lady The Summer of the beautiful white horse Poster Drafting Tense Forms Comm. Skills- EXTEMPORE
3	JUNE	Literature, Language & Comm. Skills	<ul> <li>The Laburnum Top</li> <li>We're not afraid to die</li> <li>Note Making</li> <li>Situation Vacant -Ad</li> <li>Comm. Skills-SPEECH</li> </ul>
4	JULY	Literature, Language & Comm. Skills	<ul> <li>Discovering Tut</li> <li>The Voice of the rain</li> <li>Clause</li> <li>Re - ordering of sentences</li> <li>Comm. Skills-INTERVIEW</li> </ul>
5	AUG	Literature, Language & Comm. Skills	<ul> <li>The Adventure</li> <li>The Address</li> <li>Childhood</li> <li>For Sale &amp; To let -Ad</li> <li>Situation Wanted - Ad</li> <li>Speech/Debate Writing</li> <li>Comm. Skills-INTERVIEW</li> </ul>

6	SEPT	Literature, Language Literature,	HALF YEARLY EXAM  Silk Road  Comm. Skills-EXTEMPORE  The Tale of melon City
7	ост	Language & Comm. Skills	<ul> <li>Tense Forms</li> <li>Father to son</li> <li>Comm. Skills-DEBATE</li> </ul>
8	NOV	Literature, Language & Comm. Skills	<ul> <li>Mother's Day</li> <li>Lost &amp; Found ad</li> <li>Speech writing</li> <li>Report writing</li> <li>Comm. Skills- PRODUCT REVIEW</li> </ul>
9	DEC	Literature, Language & Comm. Skills	<ul> <li>Birth</li> <li>Poster Drafting</li> <li>Article Writing</li> <li>Comm. Skills-REPORTING</li> </ul>
10	JAN	Literature, Language & Comm. Skills	<ul><li>Report Writing</li><li>ALS PRACTICALS</li><li>Clause (Revision)</li></ul>
11	FEB MAR	Literature, Language & Comm. Skills	<ul> <li>For Sale &amp; To Let Ads(Revision)</li> <li>Debate writing(Revision)</li> <li>The Adventure (Revision)</li> </ul> TERM II EXAMINATION

#### SUBJECT:- ECONOMICS

SI. No.	Month	Chapter /Unit No.	Topics and sub topics
1	APR	Unit 1	What is Economics?  Meaning, scope, functions, and importance of statistics in Economics.
2	MAY	Unit 2 Unit 4	What is an economy? Central problems of an economy: what, how and for whom to produce; concepts of production possibility frontier and opportunity cost.  Organisation of Data: Meaning and types of variables; Frequency Distribution. Presentation of Data: Tabular Presentation and Diagrammatic Presentation of Data:
3	JUNE	Unit 2 Unit 5	<ul> <li>(i) Geometric forms (bar diagrams and pie diagrams), (ii)</li> <li>Frequency diagrams (histogram, polygon, and Ogive) and</li> <li>(iii) Arithmetic line graphs (time series graph).</li> <li>Consumer's equilibrium - meaning of utility, marginal utility, law of diminishing marginal utility, conditions of consumer's equilibrium using marginal utility analysis.</li> </ul>
4	JULY	Unit 3 Unit 5	Measures of Central Tendency- Arithmetic mean, median and mode. Indifference curve analysis of consumer's equilibrium-the consumer's budget (budget set and budget line), preferences of the consumer (indifference curve, indifference map) and conditions of consumer's equilibrium.  Demand, market demand, determinants of demand, demand schedule, demand curve and its slope, movement along and shifts in the demand curve;
5	AUG	Unit 3	Price elasticity of demand - factors affecting price elasticity of demand; measurement of price elasticity of demand — percentage-change method and total expenditure method.  Meaning of Production Function — Short-Run and Long-Run Total Product, Average Product and Marginal Product.  Returns to a Factor. Cost: Short run costs - total cost, total fixed cost, total variable cost; Average cost; Average fixed cost, average variable cost and marginal cost-meaning

			and their relationships.
6	SEPT	Unit6	Revision & HALF YEARLY EXAMINATION
7	OCT	Unit 6 Project Work	Correlation – meaning and properties, scatter diagram; Measures of correlation – Karl Pearson's method (two variables ungrouped data) Spearman's rank correlation. Introduction to Index Numbers - meaning, types - wholesale price index.  Revenue - total, average, and marginal revenue - meaning and their relationship.  Producer's equilibrium-meaning and its conditions in terms of marginal revenue marginal cost. Introduction of Project Work.
8	NOV	Unit 7	Supply, market supply, determinants of supply, supply schedule, supply curve and its slope, movements along and shifts in supply curve, price elasticity of supply; measurement of price elasticity of supply - percentage-change method.
9	DEC	Unit-7	Forms of Market and Price Determination under Perfect Competition with simple applications. Perfect competition - Features; Project Work.  Price floor.
10	JAN	Unit-7	Index Numbers-Consumer price index and index of industrial production, uses of index numbers; Inflation and index numbers. Determination of market equilibrium and effects of shifts in demand and supply. Simple Applications of Demand and Supply: Price ceiling.
11	FEB	Project Work	Project Work and Revision.
12	MAR		ANNUAL EXAMINATION

## SUBJECT:- GEOGRAPHY

SI. No.	Month	Chapter /Unit No.	Topics and sub topics
1	APR	1	. India –Location(# Map work to show location)
		1	Geography as a discipline
2	MAY	2	The origin and evolution of the Earth
		2	Structure and physiography ( Lab visit)
			Practical -I
3	JUNE	3	.Drainage system
		4	Interior of the Earth
4	JULY	4	Distribution of oceans and continents
		6	Geomorphic processes
5	AUG	4	Climate
		7	Landforms and their evolution
		5	Natural vegetation
6	SEPT	8	Composition and structure of atmosphere
		9	Solar radiation, heat balance and temperature
			Practical –II
			HALF YEARLY EXAMINATION
7	ОСТ	7	Natural Hazards and Disaster
			Practical -III
8	NOV	10	Atmospheric circulation and weather systems
			Practical -IV
9	DEC	11	Water in the atmosphere
		12	World climate and climate change
10	JAN	13	Water (Oceans)
		14	Movement of ocean water
11	FEB	16	Biodiversity and conservation
12	MAR		Annual Examination

#### SUBJECT:- HISTORY

SI. No.	Month	Chapter /Unit No.	Topics and sub topics
1	APR	CH-1	Writing and City Life
2	MAY	CH-2	An Empire Across Three Continent
3	JUNE	CH-2	Continue
4	JULY	CH-3	Nomadic Empires
5	AUG	CH-3 CH-4	Continue The Three Orders
6	SEPT	CH-5	Half Yearly Exam Changing Cultural Traditions
7	ОСТ	CH-5	Continue PROJECT
8	NOV	CH-6	Displacing Indigenous Peoples
9	DEC	CH-7	Paths to Modernization
10	JAN	CH-7	Continue
11	FEB		Revision
12	MAR		Annual Exam

## **SUBJECT:-INFORMATICS PRACTICES**

SI.		Chapter	
No.	Month	/Unit No.	Topics and sub topics
1	APR	Unit 2: Introduction to Python	Basics of Python programming, Python interpreter - interactive and script mode, the structure of a program, indentation, identifiers, keywords, constants, variables,
			types of operators, precedence of operators, data types, mutable and immutable data types,
2	MAY	Unit 1: Introduction to Computer System	Introduction to computer and computing: evolution of computing devices, components of a computer system and their interconnections, Input/output devices. Software: purpose and types – system and application software, generic and specific purpose software statements, expressions, evaluation and comments, input and output statements, data type conversion, debugging. Control Statements: if-else, for loop
3	JUNE	Unit 2: Introduction to Python	Continues Statements: if-else, for loop
4	JULY	Unit 1: Introduction to Computer System Unit-2	Computer Memory: Units of memory, types of memory – primary and secondary, data deletion, its recovery and related security concerns.
		Introduction to Python	Lists- Operation,
5	AUG		REVISION HALF YEARLY EXAMINATION
6	SEPT	UINT-3 Database Concept and Structure Query Language	Concept of domain, tuple, relation, candidate key, primary key, alternate key Advantages of using Structured Query Language,
		Unit-2 Introduction to Python	Dictionary :
7	ОСТ	UINT-3 Database Concept and Structure Query	Data Definition Language, Data Query Language and Data Manipulation Language, Introduction to MySQL, creating a database using MySQL,

		Language	
8	NOV	Unit-3	Data Types Data Definition: CREATE TABLE Data Query: SELECT, FROM, WHERE. Data Manipulation: INSERT
9	DEC	UNIT-4 Introduction to Emerging Trends	Artificial Intelligence, Machine Learning, Natural Language Processing, Immersive experience (AR, VR), Robotics, Big data and its characteristics, Internet of Things (IoT),
10	JAN		Sensors, Smart cities, Cloud Computing and Cloud Services (SaaS, IaaS, PaaS); Grid Computing, Block chain technology.
11	FEB		REVISION
	MAR		ANNUAL EXAMINATION
12			

## SUBJECT: POLITICAL SCIENCE

SI. No.	Month	Chapter /Unit No.	Topics and sub topics
1	APRIL	1	Constitution: Why and How?
2	MAY		Continuation of chapter 1.
		2	Rights in the Indian Constitution
		1	Political Theory: An Introduction
3	JUNE	2	Freedom
		3	Equality
4	JULY	3	Election and Representation
		4	Executive
5	AUGUST	5	Legislature
		6	Judiciary
		4	Social Justice

6	SEPTEMBER	7	Federalism HALY YEARLYEXAMINATION
7	OCTOBER	5 8	Rights Local Governments
8	NOVEMBER	6 9	Citizenship Constitution as a living document
9	DECEMBER	7 10	Nationalism The Philosophy of the Constitution
10	JANUARY	8	Secularism
11	FEBRUARY		Revision
12	MARCH		ANNUAL EXAMINATION

## SUBJECT:-PHYSICAL EDUCATION

SI. No.	Month	Chapter /Unit No.	Topics and sub topics
1	APR		(Unit-1) Changing Trends and Careers in Physical Education 1.
			Concept, Aims & Objectives of Physical Education 2. Development
		1	of Physical Education in India – Post Independence 3. Changing
			Trends in Sports- playing surface, wearable gear and sports
			equipment, technological advancements 4. Career options in
			Physical Education 5. Khelo-India Program and Fit – India Program
2	MAY		(Unit-2)Olympism Value Education 1. Olympism – Concept and
		2	Olympics Values (Excellence, Friendship & Respect) 2. Olympic
			Value Education – Joy of Effort, Fair Play, Respect for Others,
			Pursuit of Excellence, Balance Among Body, Will & Mind
			(Unit-2)3. Ancient and Modern Olympics 4. Olympics - Symbols,
			Motto, Flag, Oath, and Anthem 5. Olympic Movement Structure -
			IOC, NOC, IFS, Other members.
			Practical-1: Fitness tests administration. (SAI Khelo India Test)

3	JUNE		(Unit-3) Yoga 1. Meaning and importance of Yoga 2. Introduction to
			Astanga Yoga 3. Yogic Kriyas (Shat Karma) 4. Pranayama and its
		3	types. 5. Active Lifestyle and stress management through Yoga
			Practical-2: Procedure for Asanas, Benefits⊸& Contraindication for
			any two Asanas for each lifestyle disease.
			any mondana on out mostyle siesses.
4	JULY	_	(Unit – 4) Physical Education and Sports for Children with Special
		4	Needs 1. Concept of Disability and Disorder 2. Types of Disability,
			its causes & nature (Intellectual disability, Physical disability).
5	AUG		( Unit – 4 )3. Disability Etiquette Aim and objectives of Adaptive
		5	Physical Education. 5. Role of various professionals for children
			with special 4. needs (Counselor, Occupational Therapist,
			Physiotherapist, Physical Education Teacher, Speech Therapist,
			and Special Educator)
			( Unit – 5) Physical Fitness, Wellness, and Lifestyle 1. Meaning &
			importance of Wellness, Health, and Physical Fitness. 2.
			Components/Dimensions of Wellness, Health, and Physical Fitness 3. Traditional Sports & Regional Games for promoting wellness 4.
			Leadership through Physical Activity and Sports 5. Introduction to
			ı Leaueranın unruuni Envalcai Activity anu abunta a. intruuduttion to
			First Aid – PRICE
6	SEPT		
6	SEPT		First Aid – PRICE
6	SEPT		First Aid – PRICE  REVISION
		6	First Aid – PRICE  REVISION  FIRST TERMINAL EXAMINATION
		6	First Aid – PRICE  REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test,
		6	REVISION  FIRST TERMINAL EXAMINATION  (Unit-6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.
		6	First Aid – PRICE  REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test,
		6	REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.  (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy&Ectomorphy) 5. Measurements of health-related
7	ОСТ	6	REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.  (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy&Ectomorphy) 5. Measurements of health-related fitness
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7	ОСТ	6	First Aid – PRICE  REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.  (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy&Ectomorphy) 5. Measurements of health-related fitness  (Unit–7) Fundamentals of Anatomy, Physiology in Sports 1. Definition and importance of Anatomy and Physiology in Exercise
7	ОСТ	6	REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.  (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy&Ectomorphy) 5. Measurements of health-related fitness  (Unit–7) Fundamentals of Anatomy, Physiology in Sports 1.
7	ОСТ		REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.  (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy&Ectomorphy) 5. Measurements of health-related fitness  (Unit–7) Fundamentals of Anatomy, Physiology in Sports 1. Definition and importance of Anatomy and Physiology in Exercise and Sports. 2. Functions of Skeletal System, Classification of Bones, and Types of Joints.
7	ОСТ		First Aid – PRICE  REVISION  FIRST TERMINAL EXAMINATION  (Unit–6) Test, Measurement & Evaluation 1. Define Test, Measurements and Evaluation. 2. Importance of Test, Measurements and Evaluation in Sports.  (Unit–6) 3. Calculation of BMI, Waist – Hip Ratio, Skin fold measurement (3-site) 4. Somato Types (Endomorphy, Mesomorphy&Ectomorphy) 5. Measurements of health-related fitness  (Unit–7) Fundamentals of Anatomy, Physiology in Sports 1. Definition and importance of Anatomy and Physiology in Exercise and Sports. 2. Functions of Skeletal System, Classification of

9	DEC		( Unit – 8) Fundamentals Of Kinesiology And Biomechanics in
			Sports 1. Definition and Importance of Kinesiology and
		8	Biomechanics in Sports. 2. Principles of Biomechanics
			( Unit – 8) Fundamentals Of Kinesiology And Biomechanics in
			Sports 3. Kinetics and Kinematics in Sports 4. Types of Body
			Movements - Flexion, Extension, Abduction, Adduction, Rotation,
			Circumduction, Supination & Pronation 5. Axis and Planes –
40	1441		Concept and its application in body movements
10	JAN	9	(Unit-9) Psychology and Sports 1. Definition & Importance of
		9	Psychology in Physical Education & Sports; 2. Developmental
			Characteristics at Different Stages of Development;
			(Unit-9) Psychology and Sports 3. Adolescent Problems & their
			Management; 4. Team Cohesion and Sports; 5. Introduction to
			Psychological Attributes: Attention, Resilience, Mental Toughness
			Practical-3Anyone one IOA recognized Sport/Game of choice.  Labelled diagram of Field—& Equipment. Also mention its Rules,  Terminologies & Skills
11	Feb		(Unit-10) Training & Doping in Sports 1. Concept and Principles of
		10	Sports Training 2. Training Load: Over Load, Adaptation, and
			Recovery
			(Unit-10) Training & Doping in Sports 3. Warming-up & Limbering
			Down – Types, Method & Importance 4. Concept of Skill,
			Technique, Tactics & Strategies 5. Concept of Doping and its
			disadvantages.
			REVISION
	_		
12	Mar		ANNUAL EXAMINATION



I/C Academic

