

DELHI PUBLIC SCHOOL DHALIGAON



SYLLABUS BREAK UP

CLASS : VII

SESSION: 2025-26

NAME:- _____

SECTION:- _____ ROLL NO:- _____

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Month	No. of Working Days
April	22
May	25
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ENGLISH

Sl. No	Month	Book	Topics and sub topics
1	April	TB: GRAMMAR: COMPOSITION: ACTIVITY	* Three Questions *Sentences * Question Tags *Paragraph writing Literary Quiz (Vocabulary)
2	May	TB SR: GRAMMAR: COMPOSITION: ACTIVITY	*The Squirrel *The Tiny Teacher *Articles * Nouns: kinds *Poster Designing *Speech on given topics
3	June	SR GRAMMAR ACTIVITY	*Bringing Up Kari *Adjectives: Degrees of comparison Review (Book/ event)
4	July	TB: GRAMMAR: ACTIVITY	*Prose: A Gift of Chappals *Verbs *Tenses * Book Marks/ Book Cover design
5	Aug	TB: GRAMMAR: COMPOSITION ACTIVITY	*Poem: The Shed *Voice: Simple Present/ Simple Past *Leave Application Collage making (Interdisciplinary) REVISION
6	Sept	GRAMMAR:	TERM - I * Voice (Contd.) * Adverbs
7	Oct	TB: TB: GRAMMAR: COMPOSITION ACTIVITY	* Expert Detectives *Mystery of the Talking Fan *Preposition * Vocabulary *Story writing (Guided) * Creating word puzzle / game
8	Nov	SR: GRAMMAR: Composition: ACTIVITY	*The Bear Story * Voice: (Present cont./past cont./ present perfect) *Bio sketch Performance Poetry/ Debate
9	Dec	TB: SR: GRAMMAR ACTIVITY	* Dad & The Cat & The Tree * A Tiger in the House *Conjunctions: * Verbs * Comic Strips (self-composed)
10	Jan	TB COMPOSITION	* Meadow Surprises *Diary Writing

11	Feb	GRAMMAR/ VOCABULARY	*Proverbs & Idioms REVISION
12	Mar		TERM - II

HINDI

क म सं	Month	पुस्तक		
		वसंत भाग-२	बाल महाभारत	व्याकरण भारती भाग - 7
१	April	हम पंछी उन्मुक्त गगन के, हिमालय की बेटियाँ	महाभारत (संक्षिप्त परिचय), देवव्रत, भीष्म-प्रतिज्ञा, अंबा और भीष्म	पूर्वज्ञान - वाचन, श्रवण तथा लेखन से संबंधित, विलोम शब्द, अनौपचारिक पत्र रचनात्मक कार्य - १ - प्रश्नोत्तरी
२	May	मिठाईवाला	कर्ण, विदुर	अपठित गद्यांश, संवाद लेखन
३	June	कठपुतली	लाख का घर	हिन्दी उपसर्ग, श्रुतिसम-भिन्नार्थक शब्द
४	July	भोर और बरखा,	जरासंध	अनौपचारिक पत्र, वचन रचनात्मक कार्य - 2 काव्य पाठ
५	Aug	पापा खो गए	चौसर का खेल व द्रौपदी की व्यथा	अनेक शब्दों के लिए एक शब्द , मुहावरे पुनरावलोकन (REVISION)
६	Sept	एक तिन्का	Term - १	रचनात्मक कार्य - 3 अभिनय
७	Oct	रहीम के दोहे	मायावी सरोवर, यक्ष-प्रश्न	प्रत्यय (कृत), अपठित गद्यांश
८	Nov	खानपान की बदलती तसवीर	अज्ञातवास, शांतिदूत श्रीकृष्ण	पर्यायवाची शब्द रचनात्मक कार्य - 4 आशु भाषण
९	Dec	नीलकंठ, आश्रम का अनुमानित व्यय	पांडवों कौरवों के सेनापति, भीष्म शर-शय्या पर	क्रिया : सकर्मक और अकर्मक, अनुच्छेद लेखन
१०	Jan	शाम एक किसान	युद्ध का बारहवाँ दिन, अभिमन्यु, श्रीकृष्ण और युधिष्ठिर	लिंग, वाक्य के अंग, सूचना लेखन
११	Feb			पुनरावलोकन (REVISION)
१२	Mar	-----	Term - २	-----

MATHS

Sl. No	Month	Chapter	Topics and sub topics
1	April	1 8 Act	Integers Rational Numbers 1. Distributive property of multiplication of integers $a \times (b + c) = a \times b + a \times c$
2	May	2 4	Fractions and decimals Simple Equations
3	June	5 6 Act	Lines and Angles The triangle and its Properties(contd.) 1. To prove exterior angle property of a triangle .
4	July	6 3	The triangle and its Properties Data Handling (contd.)
5	Aug	3 Act	Data Handling . 1. Finding mean, median and mode of shoe size of a particular class and comparison of mean , median & mode .
6	Sept	7	TERM - I Comparing Quantities (contd...)
7	Oct	7 9	Comparing Quantities Perimeter and Area (Contd.)
8	Nov	9 10 Act	Perimeter and Area Algebraic Expressions (Contd.) 1. To find the area of rectangular path around a park.
9	Dec	10 11 Act	Algebraic Expressions Exponents and Powers (Contd.) 1. Expressing terms and factors of an algebraic expression by tree diagram.
10	Jan	11 12 Act	Exponents and Powers Symmetry Visualising Solid Shapes (Contd...) 1. To make nets of different solids .
11	Feb	15	Visualising Solid Shapes REVISION
12	Mar	...	TERM - II

PHYSICS

Sl. No	Month	Chapter /Unit No.	Topics and sub topics
1	April	Recap 03	Conversion of C.G.S to S.I and vice versa for fundamental quantities) Heat (contd....)

		ACT	To measure the temperature of human body using mercury thermometer and digital thermometer
2	May	03 ACT	Heat Flow of heat through a metal strip. 3.Convection of heat in water.
3	June	09	Motion and time (contd....)
4	July	09 ACT	Motion and time (contd....) Determination of time period of a simple pendulum.
5	Aug	09	Motion and time
6	Sept	10	TERM-I Electric current and its effect(contd....)
7	Oct	10 ACT	Electric current and its effect(contd....) To show the flow of electricity in a electric circuit
8	Nov	10	Electric current and its effect *Magnetic effect of electric current * Electromagnet Making of an electromagnet
9	Dec	11 ACT	Light (contd....) To determine the focal length of a convex lens by focusing the distant object
10	Jan	11 ACT	Light(contd....) Making of Newton's color disc.
11	Feb	11	Light REVISION
12	Mar		TERM-II

CHEMISTRY

Sl. No	Month	Chapter No.	Topics and sub topics
1	April	4 ACT	Introduction to Chemistry: Basic concepts of elements, atoms, molecules, Periodic table. ACIDS, BASES AND SALTS (Contd...): Definition of acids, bases. Indicators Preparation of natural indicators and their application
2	May	4 ACT	ACIDS BASES AND SALTS: Neutralization : Classification of salts. Neutralization in daily life. Neutralisation reactions

3	June	12	FOREST OUR LIFE LINE (Contd...): Classification and uses of forests. Biodiversity. Forest as an ecosystem.
4	July	12 PROJECT	FOREST OUR LIFE LINE: Role of forest in bio geo chemical cycles. Deforestation/conservation To make tie and dye clothing using natural pigments(project)
5	Aug	12 ACT	FOREST OUR LIFE LINE: Deforestation/conservation Awareness related activities on conservation of forest.
6	Sept	5	TERM I PHYSICAL AND CHEMICAL CHANGES (Contd):Classification of changes & Chemical reactions.
7	Oct	5 ACT	PHYSICAL AND CHEMICAL CHANGES (Contd): Some common chemical reactions. To study various chemical reactions.
8	Nov	5 PROJECT	PHYSICAL AND CHEMICAL CHANGES (Contd): Corrosion of metals Rusting of iron under different conditions
9	Dec	5 ACT	PHYSICAL AND CHEMICAL CHANGES:. Crystallization. To prepare crystals of different substances
10	Jan	13 ACT	WASTE WATER STORY (Contd...): Sources of waste water & Composition of Sewage. Sanitation and Health. To compare the properties of potable and polluted water.
11	Feb	13	WASTE WATER STORY: Alternative sewage disposal system, Waste water treatment plant. REVISION
12	Mar		TERM II

BIOLOGY

Sl No.	Month	Chapter No.	Topics and sub topics
1	April	1 ACT	Recapitulation: Introduction to plants. Nutrition in Plants(contd...) Test for presence of starch in leaves

2	May	1	Nutrition in Plants
3	June	2	Nutrition in Animals (Contd...) Digestion Prediction and Demonstration*
4	July	2	Nutrition in Animals (Contd...)
5	Aug	6	Respiration in Organisms (Contd...) Yeast Balloon (Demonstrate the process of fermentation)* REVISION
6	Sept	6	TERM - I Respiration in Organisms (Contd...)
7	Oct	6 8	Respiration in Organisms Reproduction in Plants. (Contd.....) Growing plants from stem, Root and leaves.
8	Nov	8	Reproduction in Plants. (Contd.....)
9	Dec	8 7	Reproduction in Plants Transportation in Plants and Animals (contd...) Make a model of breathing system*
10	Jan	7	Transportation in Plants and Animals (contd..) Circulatory System Relay*
11	Feb	7	Transportation in Plants and Animals REVISION
12	Mar		TERM - II

HISTORY

Sl. NO	Month	Unit/ Chapter no.	Topics and sub topics
1.	April	CIV CH-1	On equality
2.	May	HIS CH-2	New kings and kingdoms
3.	June	CIV CH-3	State government (contd)...
4.	July	CIV CH-3	State government
5.	Aug	HIS CH-3	Delhi 12 to 15 century REVISION
			TERM 1

6.	Sept	CIV CH-4	Growing up as boys and girls
7.	Oct	CIV CH-6	Understanding media
8.	Nov	HIS CH-4	The Mughals
9.	Dec	CIV CH-7	Markets around us
10.	Jan	HIS CH-8	18 Century political formations ... contd
11.	Feb	HIS CH-8	18 century political formations REVISION
12.	Mar		TERM 2

GEOGRAPHY

Sl. no	Month	Chapter	Topics and sub topics
1	April	2 Act	Inside the Earth Collect some typical types of rocks that we use in our daily life. 3D model of the interior of the Earth
2	May	3 Act	Our Changing Earth Draw a picture of Volcano and Seismic waves. Project on Natural landforms created by River, Water, Glacier and Wind.
3	June	4 Act Project	Air Collect the percentage of atmospheric gases and show in a pie diagram. Enactment of students based on elements found in air.
4	July	1 Act	Environment (Contd.) Reasons and consequences: Changes our environment
5	Aug	1	Human Environment
6	Sept	5 Act	TERM-I Water (Contd...) World Map, showing important rivers, lakes and ports. Write their historical and economic benefits.
7	Oct	5 Act	Water Planetary wind system; Permanent, Monsoon and local wind system

8	Nov	6 Act	Human Environment and Interaction (Contd.) Map Skill ; Amazon/ The Ganga- Brahmaputra Basin List of food and cash crops in the Amazon / Ganga Brahmaputra plains.
9	Dec	6 Act	Human Environment and Interaction (Contd.) (Contd) : Tropical and Sub - Tropical Region. Collect some typical handicrafts made of jute, bamboo and silk and write their areas of production.
10	Jan	7 Act:	Life in Deserts (Contd...); Map skill Mark of hot and cold deserts on the world map
11	Feb	7 Act:	Life in Deserts. Map Work Project on Hot desert and Cold desert
12	Mar		TERM-II

ASSAMESE

Sl.No	Month	Chapter No.	Topics and Sub topics
1	April	৪	নতুন শব্দৰে বাক্য গঠন, বৰ্ণ বিশ্লেষণ, যুক্তাক্ষৰ । জনমভূমি(কবিতা) । কবিতা আবৃত্তি । পদ আৰু ইয়াৰ প্ৰকাৰ ।(ব্যাকৰণ)
2	May	৩	পণ্ডিত আনন্দৰাম বৰুৱা । শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া । শ্ৰুতলিপি । বৰ্তমান কাল, ভৱিষ্যত কাল আৰু অতীত কালৰ বাক্য চিনাক্তকৰণ ।
3	June	১৩	প্ৰাকৃতিক দুৰ্যোগ । শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া । শ্ৰুতলিপি । অব্যয় পদ (ব্যাকৰণ)
4	July	৫	বিজ্ঞান আৰু আমাৰ মানসিকতা (Contd...)
5	August	৫	বিজ্ঞান আৰু আমাৰ মানসিকতা । শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া । শ্ৰুতলিপি । REVISION
6	Sept	৬	Term I নোকোৱাৰ পৰিণাম। শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া

			। শ্রুতলিপি ।
7	Oct	৮	মিছাইল মানৱ। শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া । শ্রুতলিপি । বিপৰীত শব্দ ,
8	Nov	১২	নামৰ বেবেৰিবাং । শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া । শ্রুতলিপি
9	Dec	১১	গছ ভালপোৱা ককাৰ খং(কবিতা আবৃত্তি) প্রকৃতিপ্ৰেমী যাদৱ পায়েং
10	Jan	১৪	বিদ্যা, শুদ্ধ উচ্চাৰণেৰে পাঠ পঢ়া । শ্রুতলিপি । সমার্থক শব্দ , বিপৰীত শব্দ ।
11	Feb		বানান লিখন । REVISION
12	March		Term II

BODO

Sl.No.	Month	Chapter No.	Topics and sub topics
1	April	1 2	ফুঁনি আৰ'জ বিশ্বামিত্ৰ আৰু বশিষ্ঠ মুনি
2	May	4	জোনোম হাদৰ ACTIVITY-খন্থাই আৱৰায়নাথ, জায়খিজায়া বিজাৰ ফৰায়নাথ এৰা ৱাদাৰ বিলাই ফৰায়নাথ
3	June	5	গোনোখো আৰু জোঁনি সানসি INTEGRATION WITH ART, SCIENCE, SOCIAL SCIENCE—সাবগাৱিনি গেজেরজোঁ সমাজ সাংগ্ৰাথি হোনাথ ।
4	July	7	সৰকাৰ জালাথ ACTIVITY-খন্থাইগিৰিফোৱনি সুন্দ' সুন্দ' জিউখোঁৱাং তিৱনানৈ ফৰায়থিনাথ

5	August	8	मिसाइल सुबुंसा GRAMMAR-सुबुंसाइ REVISION
6	Sept	14	TERM – I सोलोथाइ
7	October	11	सुखु आरो दुखु GRAMMAR-बेखेवफा
8	Nov	9	बादौसा मंगलयड
9	Dec	12	गरसे फैसा ACTIVITY-सल' लिरनाय
10	January' 26	10	जुजिनाय
11	February' 26	15	अराय रैसुमै अमानि राव REVISION
12	March' 26		TERM – II

SANSKRIT

SL. No	Month	Chapter No.	Topics and sub topics
1	April	01	रुचिरा (द्वितीयो भागः) सुभाषितानि, (कमशः) मुनि शब्दः, कृ (लट्-लृट्- लङ्), चित्राणि दृष्ट्वा वाक्य-त्रयस्य लेखनम्, कक्षा-गतिविधि-(1) श्लोकानाम् अभ्यासः
2	May	08	सुभाषितानि, साधुशब्दः दुर्बुद्धिः विनश्यति (कमशः), कक्षा-गतिविधि-(2) शरीरस्य अंगानाम् नामानि, शब्दान् चित्वा पत्र-लेखनम्, नदी शब्दः, तद् (पुं-स्त्री-नपुंसक), Art integration – (असमीया एवं म्यूजिक), प्रार्थना
3	June	02	दुर्बुद्धिः विनश्यति, कक्षा-गतिविधिः-;(3) कक्षायां नीति-श्लोकाभ्यासः, संस्कृतेन अनुवादाभ्यासः
4	July	11	समवायो हि दुर्जयः (कमशः), संख्याः- (1-35), कक्षा-गतिविधि-(4) संस्कृते पंच-पुष्पाणां नामानि, पठित-पाठानाम् अभ्यासः
5	August	6	सदाचारः, (कमशः) समवायो हि दुर्जयः, किम् (पुं-स्त्री-नपुं), कक्षा गतिविधि (5) संस्कृतेन गृहोपकरणानां नामानि
6	Sept	07	संस्कृते अनुवाद-शिक्षणम्, कक्षा-गतिविधिः-(6) वर्णानाम् उच्चारण- स्थानानि, Multi-Disciplinary Activity- Art & Music पुनरावलोकनम्

			TERM - I
7	Oct	13	अमृतम् संस्कृतम्, (कमशः), कक्षा-गतिविधि:-(1) श्रुतलेखः, अपठितानु- छेदः, अनुवादाभ्यासः, दृश्- (लट्-लृट्- लङ्)
8	Nov	15	अमृतम् संस्कृतम्, लालनगीतम्, कविशब्दः, साधुशब्दः, अस्मद्शब्दः कक्षा-गतिविधि:-(2)] शब्दान् प्रयुज्य संस्कृते वाक्य-निर्माणम्, शब्दान् चित्वा पत्रलेखनम्,
9	Dec	14	त्रिवर्णः ध्वजः, (कमशः), एतत्(पुं), कक्षा-गतिविधि:-(3) विशेष-विशेषणयोः प्रयोगः, पठितानुच्छेदाभ्यासः
10	Jan	10	त्रिवर्णः ध्वजः, विश्वबन्धुत्वम्, इदम् (पुं-स्त्री-नपुं), संख्या (36-50) कक्षा-गतिविधि:-(4) सरस-संस्कृत-गद्यानां वाचनम्, चित्राणि दृष्ट्वा वाक्य-त्रयस्य लेखनम्
11	Feb		पठित-पाठनानाम् अभ्यासः, श्लोकान् पठित्वा प्रश्नोत्तराभ्यासः, पुनरावलोकनम्
12	Mar		TERM - II

COMPUTER SCIENCE

Sl. No.	Month	Units/ Chapter No.	Topics and Sub topics
1	April	Ch-8 Act	More on HTML5 (cont'd...): Inserting lists, unordered list, ordered list in web pages using HTML Creating an ordered/ unordered list of some items, list properties, nested & description list,
2	May	Ch-8 Act Ch - 2 Act	More on HTML5: Inserting tables, images in a web page Creating a table of student information of grades. Formulas and Functions (cont'd...): Introduction to formula in excel, creating a basic formula, compound formula, using formula on text, cell reference and its types Creating a table in excel displaying the students marks to calculate the total and average marks.
3	June	Ch-8	Formula and Functions : Cell Reference

			of another worksheet, Formula Error, Common functions in excel, Function Library, Managing worksheet.
4	July	Ch-3	Advanced features of Excel (cont'd...): components of a chart, types of chart, creating a chart in Excel.
5	August	Ch-3 Act	Advanced features of Excel: sorting data , filtering data Creating a chart from a Excel table
6	Sept	Ch – 7	TERM –I Control statements in Python (cont'd...): Introduction to operators, types of operators.
7	Oct	Ch – 7 Act	Control statements in Python (cont'd...): Concept of control statements, types of control structures Program to find the greater between two numbers
8	Nov	Ch- 7 Act Ch- 5 Act	Control statements in Python: Concept, types & use of conditional statements. Program to display the day name as per the input day number Animations in Pencil 2D (cont'd...): Introduction to Pencil2D, components of timeline, onion skin Drawing a picture using the tools from the tool palette in pencil 2D
9	Dec	Ch- 5 Act	Animations in Pencil 2D (cont'd...): Animation using pencil 2D, using onion skin tool Moving a basketball using onion Skin tool.
10	Jan	Ch – 6	Natural Language Processing (cont'd...): introduction to NLP, working

		Act	of NLP Revision of python and Pencil 2D practical
11	Feb	Ch – 6 Act	Natural Language Processing: components of NLP, tasks and techniques, applications Revision of python and Pencil 2D practical
12	Mar		TERM -II

MORAL SCIENCE

Sl. No	Month	Chapter /Unit No.	Topics and sub topics
1	April	1	Understanding Yourself
2	May	2	Keeping promises
3	June	3	Try until you succeed
4	July	4	Caring for the aged
5	Aug	5	Conversing with others
6	Sept	6	Nature's gifts
7	Oct	7	Being responsible
8	Nov	8	Do it together
9	Dec	9	Dignity of the individual
10	Jan	10	Inclusive society
11	Feb	11 12	One World How will you respond?
12	Mar	--	TERM-II

DRAWING

Sl. No	Month	TOPICS AND SUB TOPICS
1	April	What is Horizon Line? What is Light & Shadow? Animal figure composition Draw different types of picture using line drawing
2	May	What is texture? And what are the categories of texture? What is Colour? Explain the different types of colour. Draw & Colour: Picture of Tea Cultivation Different types of Fruits (Use Pencil Shading)

3	June	What is Oil Painting & Acrylic Painting? Color mixing with practical experiment Flower Vase with flower
4	July	What is life study, Antique study? City road drawing Pencil shading Landscape Drawing
5	Aug	Wall painting presentation Working man in a village Human Anatomy
6	Sept	Different types of human face Stick drawing Human figure Sketching Human movements
7	Oct	Introduction to famous painter's painting How to Arrange any object for still life Make different types of Flower using water color Draw a picture of Durga Maa
8	Nov	Make a picture of Village scene Quick sketch of Human Figure Draw & Color: Picnic
9	Dec	Paper craft Tea shop What is called Fresco & Mural? What is called Vanishing point?
10	Jan	Make some attractive things using wastage plastic water bottle Under the Sea Mandala art (using Black Pen)
11	Feb	Make a picture on Framer at work Draw a scenery with human figure who is holding national flag of India Draw a picture of winter Season
12	Mar	Explain Still life? With example Draw a picture of sunset Draw & Color: Water & Air Pollution

GENERAL KNOWLEDGE

Sl. No	Month	Chapter No.	Topics and sub topics
1	April	12 14 15	Books and Authors Colourful language The print media
2	May	6	World of sports

		7 11 13	Art and Craft Pop, rock, and Jazz Dance and theatre
3	June	21 22	Professions Awards and honours
4	July	16 20	Companies and brands Postage stamps
5	Aug	17 18 19	Aeroplanes Roadways Shipping
6	Sept	21 22 35 36	TERM-I Professions Awards and honours Great minds Achievers
7	Oct	24 26 27	The United Nations The Eastern states The North-Eastern states
8	Nov	28 29 43	Where in India? Our Armed forces Trees of India
9	Dec	30 31 32 33	Africa Australia People of Africa and Australia Countries, capitals and more
10	Jan	39 40 41	Reptiles Birds Canids
11	Feb	46 47 48	Tech Matters Science and scientists Doctor, Doctor
12	Mar		TERM-II

Note : Chapters Starters and This that are for self-study MUSIC

Sl. No	Month	Topics and sub topics
1	April	Regional song and Modern song. Knowledge of the terms: Sangeet. Avartan and Matra. Dance: Mati Akhra (1-5) Activity : Bihu song and dance
2	May	Raag Bhirav (Chota Khayal) Dance: Guru Vandana; Explanation and performance. Activity : Greeva Bheda and their uses.

3	June	Raag Bhairav contd. , Sawan Geet Dance: One Tarana in Kathak dance. Activity: Define Thah, Dugun, Sam and Taali.
4	July	English Song, Swar, Alankar & Kaharva Taal. Dance: Harvest dance (Bhangra) Activity : Learn to play Guitar Chords & Tabla.
5	Aug	Hindi patriotic song, National Anthem Dance: South Indian Taal systems. Activity: Play Drums and Notation of National Anthem.
6	Sept	TERM-I Hindi Song, Classification of Indian musical instruments. Dance: Modern dance. Activity: Learn to play Teen Taal (Thah, Dugun and Chaugun)
7	Oct	Festival Song and dance, Activity:Basic knowledge of Satriya Ojapali dance. Learn to play Violin.
8	Nov	English Song Semi classical dance. Activity : Song (with Karaoke) and dance performance in solo and group style.
9	Dec	Christmas Song. Choir, Gospel, Pitch and Melody Aerobic dance Activity: Recite Roopak Taal with hands movements.
10	Jan	Holi Geet and Holi Gat Bhava. Activity : Knowledge of five Jatis with clapping.
11	Feb	REVISION
12	Mar	TERM-II

PHYSICAL EDUCATION

Sl. No	Month	Topics and sub topics
1	April	Importance of Physical Education and well – being: Ice water, Seven stones, Aerobic exercises, Follow me, Number Game, Hula hoop jump.
2	May	Motor fitness : Introduction to Motor fitness, Obstacle Race, Balancing Act, Shivam says, Collaborate and conquer, Grab the Bell .
3	June	Push Up Position and Pass the Ball, Tic – Tac –Toe dribble Relay.
4	July	Crocodile Race, head, Shoulder, knee And ball.
5	August	Fundamental skills of Kho-Kho : Sitting , chasing , Giving

		Kho , Running on a straight line, Zig-zag running, pole turn, covering chase, chain, Fake Kho, Pole Dive, Toe Tapping, 3-2-3 Chain.
6	September	Fundamental Skills of Handball ; passing ,Catching, 10 Pass , dribbling, obstacle Dribbling, shoot the Ball.
7	October	Dodge Ball, Dribble and shoot, pass and shoot, Shootout Tournament .
8	November	Goalkeepers Defensive Skills, Blocking, Assimilation.
9	December	Yoga : Yoga for daily Life , Preparing for Yogic Practices, Asanas
10	January	Pranayama, Dharana, Dhayana
11	February	Dhayana and Samadhi, Krida Yoga.
12	March	TERM II

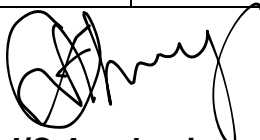
Syllabus for Environmental Education

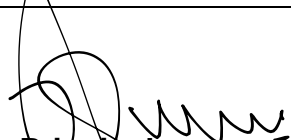
TERM No	Topics and sub topics
1	Ch-7: The consequences of human activities on the environment (GEOGRAPHY) Ch-8: The effects of human activities and population growth (CHEMISTRY)
2	Ch-6: Changing the environment to adapt (BIOLOGY) Ch-5: Living in peace, harmony and equity (PHYSICS)

LIBRARY

Sl. No	Month	Topics and sub topics
1	April	1. Reading 20 books challenge. 2. Extempore speech activity.
2	May	1.How to transform your library space on a budget. 2.Book review activity.
3	June	1.Classification of library books. 2.National Reading Day celebration.
4	July	1.Scavenger hunt activity
5	Aug	1.Celebration of Library week
6	Sept	Term I 1.Display and exchange of books brought by students
7	Oct	1.Reading with a peep.
8	Nov	1.Literary Quiz.
9	Dec	1.Book review activity.

10	Jan	1.Role play be a Librarian
11	Feb	1.Crossword puzzle with book titles.
12	Mar	Term II


I/C Academics


Principal